Syllabus: Psychological Consequences of Attachment Trauma: Implications for Development of Adult Psychopathology

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Class meets from 5:30 till 6:45/7 on Zoom. Most articles will be distributed electronically.

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**Part 1 The Impact of Chronic Stress on Development**

**September 27, 2023: Social/cultural factors**

Felliti, V. R.F. Anda, D. (2010) The relationship of adverse childhood experiences to adult medical disease, psychiatric disorders and sexual behavior: implications for healthcare. From Lanius, R., Vermetten, and Pain,C. *The Impact of early life trauma on health and disease*, chapter 8. Cambridge University Press.

Linda Villarosa. (2018) Why America’s Black Mothers and Babies are in a life and death crisis*. NY Times* Magazine April 11, 2018. (available from the NY Times archives).

**October 4, 2023 Neuropsychological consequences of Chronic Stress on Early Development**

Perry, B.D. Pollard, et al (1996) . Childhood trauma, the neurobiology of adaptation, and use-dependent development of the brain: How states become traits*. Infant Mental Health Journal*, 271-291

Bureau, J-F, J. Martin and K. Lyons-Ruth (2010). Attachment dysregulation as hidden trauma in infancy: early stress, maternal buffering, and psychiatric morbidity in young adulthood. In Lanius, R., e. Vermetten and C. Pain*, The Impact of Early Life Trauma on Health and Disease: The Hidden Epidemic. Cambridge U*niversity Press.

**Part 2: Attachment Theory**

**October 11, 2023 Introduction to Attachment Theory**

Wallin, D. (2007). *Attachment in Psychotherapy*, Guilford Press.

Chapter 2: Foundations of Attachment Theory; Chapter 3: Mary Main.

**October 18, 2023:** Sroufe, L .Alan, Carlson, EA, Levy, AK, Egeland, B. (1999). Implications of Attachment Theory for developmental psychopathology. *Developmental Psychopathology, 11* (1-13).

**October 25, 2023** Wallin, D. Chapter 6, Varieties of Attachment Experiences

**November 1, 2023** Wallin, Chapter 7. How Attachment Patterns Shape the Self

**November 8, 2023** Wallin, Chapter 8. Nonverbal Experience and the Unthought Known.

**November 15, 2023** **Dissociation**

Schore, Allan N. (2023) Attachment Trauma and the Developing Right Brain: Origins of Pathological Dissociation *.* From Dorahy, MJ, Gold, SN & O’Neill, JA, (2023) *Dissociation & the Dissociative Disorders, 2nd Edition*. Routledge, NY. pp 177-208

Or

Schimmenti, Adriano (2023) The relationship between attachment and dissociation: Theory, Research and Clinical implications. From Dorahy, MJ, Gold, SN & O’Neill, JA, (2023) *Dissociation & the Dissociative Disorders, 2nd Edition*. Routledge, NY. Pps 161-176